CUMBERLAND GEOLOGICAL SOCIETY
Excursion Information and registration

Excursion Information and Hazard and Safety Measures to be completed by the Leader for each Field Excursion in advance of the excursion.

Field Excursion Register to be signed by each individual attending the excursion as part of the registration process.

1. Excursion Information

Title of Excursion; geological theme(s)	Geological and Mining History around Garrigill
Date of Excursion; start time; approximate duration.	27/08/2025; 10:00 a.m.; 4-5 hours
Name of Excursion Leader(s)	Steve Rozario
Start point and its National Grid Reference; also end point if different from start.	**Start:** Garrigill NY 744 415 **End:** Whitesike Mine, NY 750 424
Parking and transport information	Both parking points are free of charge. There is no public transport to Garrigill.
Description of terrain to be covered	Boots or stout walking shoes should be worn.
Approximate distance to be covered, metres of ascent / descent	**Garrigill:** 3.2 miles; 200m **Whitesike:** 1 mile; 50m
Assessed severity of excursion	Easy/Moderate
Special requirements; refreshments; other observations	Packed lunch recommended. Suitable clothing should be worn. Walking poles can be helpful. There are public toilets at the Village Hall at Garrigill. Alston has shops, cafes and pubs.
Nearest hospital with A&E	Carlisle

2.Hazard and Safety Measures

Potential hazard	Risk level– High/Medium/Low	Safety measures
Poor / deteriorating weather; risk to party completing the route or of hypothermia. *	Low	Trip is never more than half a mile from a farm or road.
Poor visibility; risk of the party getting lost or separated. *	Low	Route is on waymarked paths with frequent stops.
Steep or exposed edges; risk of slips/trips/falls	Medium	Suitable footwear recommended. Route is on public paths throughout.
Rockfall, or fall of other debris from slopes.	Low	Participants will be advised of unstable cliff faces.
Boggy or heavily overgrown ground; risk of slips/trips/falls	Medium	Suitable footwear recommended.
Forestry or wooded areas; risk of slips/trips/falls or injury by branches	Low	Only one wooded area on route.
Roads; risk to pedestrian attendees from traffic.	Low	There is one road section on a minor dead-end road.
Condition of paths and stiles: risk of slips/trips/falls/barbed wire	Low	Public geotrail.
Navigation error: party getting lost.	Low	Paths are waymarked and leader is familiar with area.
Loss of daylight; difficulty of completing the route safely and on time.	Low	Start time gives adequate daylight for completion.
Attendee becoming unwell and needing assistance. Including sun exposure and bites by ticks, insects or snakes	Low	Path is mostly shaded. Area is not known for snake or insect hazards. Tick bites possible.
Water courses, open water, tides; drowning risk	Low	We may examine rock exposures in the rivers but only if the water level is low enough and safe enough for this to be done.
Other		

* Weather-related risk level to be reviewed at the time of the Excursion.

Signature of excursion leader …… 

GUIDANCE FOR PARTICIPANTS

Members of CGS and guests take part at their own risk. You should read and understand the foregoing Excursion Information and Hazard and Safety Measures, and raise any queries about any matter of concern before the excursion starts.

1. Participants (members and guests) will sign to indicate they are aware of this and accept all responsibilities set out in this document.
2. It is assumed that you are confident the proposed route is well within your physical capabilities- even if the weather deteriorates. Attendees should consider making the Field Trip secretary or the Field Trip Leader aware of any illnesses that may impact their participation and what actions should be taken if illness occurs.
3. You should be properly equipped e.g., suitable footwear, appropriate clothing, first aid kit, personal medicine and food and drink.
4. There is no guarantee that any participant will have had first aid training but, in any emergency, the group will help as best it can.
5. You have complete responsibility for your own safety and for keeping in contact with the group.
6. Do not take unreasonable risks.
7. Alert others if a problem arises.
8. If you need to stop, let at least one other person know.
9. If you choose to leave the trip early, make sure the leader is aware of this.
10. A brief introduction will be given at the start point – it is customary for a few words of appreciation to be given at the end before the group disperses.

Each person attending a field meeting does so on the understanding that they attend at their own that their own risk. It should be noted that the Society holds Third Party Public Liability Insurance for all Society members, but this does nor extend to visitors undertaking excursions. Personal Liability Insurance and Personal Accident Insurance remain the responsibility and choice of the participant. The Society does not accept responsibility for loss or damage to individuals or their property.

CUMBERLAND GEOLOGICAL SOCIETY
FIELD EXCURSION REGISTER

Name and email address	**Emergency contact details**	I have read and will comply with the Guidance for Participants **Signature**	**A CGS member? (tick if 'yes')**

Name and email address	**Emergency contact details**	I have read and will comply with the Guidance for Participants **Signature**	**A CGS member? (tick if 'yes')**