CUMBERLAND GEOLOGICAL SOCIETY
Excursion Information and registration

Excursion Information and Hazard and Safety Measures to be completed by the Leader for each Field Excursion in advance of the excursion.

Field Excursion Register to be signed by each individual attending the excursion as part of the registration process.

1. Excursion Information

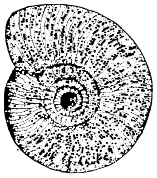
Title of Excursion; geological theme(s)	The Explosive Volcanics of Round How. Pyroclastic flow deposits, volcanic 'bombs', volcanic breccias and their interpretation
Date of Excursion; start time; approximate duration.	Sunday 11th June; 10am; 4-6 hours
Name of Excursion Leader(s)	David Haselden
Start point and its National Grid Reference; also end point if different from start.	National Trust car park, Honister Pass, NY 22569 13531
Parking and transport information	Parking at NT car park or Honister Slate Mine Keswick to Honister Pass & Buttermere 77/77A
Description of terrain to be covered	Open fell, mountain paths, boggy ground, some steep ground to reach exposures, one river crossing on stepping stones
Approximate distance to be covered, metres of ascent / descent	6 km with possible extensions depending on weather, enthusiasm etc; approx. 500m of ascent/descent
Assessed severity of excursion	Medium
Special requirements; refreshments; other observations	Café at Honister Mine
Nearest hospital with A&E	Whitehaven

2.Hazard and Safety Measures

Potential hazard	Risk level– High/Medium/Low	Safety measures
Poor / deteriorating weather; risk to party completing the route or of hypothermia. *	Low	Summer conditions, mainly good paths
Poor visibility; risk of the party getting lost or separated. *	Low	Head count
Steep or exposed edges; risk of slips/trips/falls	Medium	Good footwear, care around exposures
Rockfall, or fall of other debris from slopes.	Low	Care around exposures Avoid unstable ground
Boggy or heavily overgrown ground; risk of slips/trips/falls	Low	Good footwear
Forestry or wooded areas; risk of slips/trips/falls or injury by branches	None	
Roads; risk to pedestrian attendees from traffic.	Low	Care on quarry roads from Honister Mine tour vehicles
Condition of paths and stiles: risk of slips/trips/falls/barbed wire	Low	Mainly good paths
Navigation error: party getting lost.	Low	Leader familiar with area
Loss of daylight; difficulty of completing the route safely and on time.	Low	Mid-summer
Attendee becoming unwell and needing assistance. Including sun exposure and bites by ticks, insects or snakes	Low	Suncream Insect repellent Long trousers
Water courses, open water, tides; drowning risk	Low	Care at stream crossing
Other		

* Weather-related risk level to be reviewed at the time of the Excursion.

Signature of excursion leader ……



GUIDANCE FOR PARTICIPANTS

Members of CGS and guests take part at their own risk. You should read and understand the foregoing Excursion Information and Hazard and Safety Measures, and raise any queries about any matter of concern before the excursion starts.

1. Participants (members and guests) will sign to indicate they are aware of this and accept all responsibilities set out in this document.
2. It is assumed that you are confident the proposed route is well within your physical capabilities- even if the weather deteriorates. Attendees should consider making the Field Trip secretary or the Field Trip Leader aware of any illnesses that may impact their participation and what actions should be taken if illness occurs.
3. You should be properly equipped e.g., suitable footwear, appropriate clothing, first aid kit, personal medicine and food and drink.
4. There is no guarantee that any participant will have had first aid training but, in any emergency, the group will help as best it can.
5. You have complete responsibility for your own safety and for keeping in contact with the group.
6. Do not take unreasonable risks.
7. Alert others if a problem arises.
8. If you need to stop, let at least one other person know.
9. If you choose to leave the trip early, make sure the leader is aware of this.
10. A brief introduction will be given at the start point – it is customary for a few words of appreciation to be given at the end before the group disperses.

Each person attending a field meeting does so on the understanding that they attend at their own that their own risk. It should be noted that the Society holds Third Party Public Liability Insurance for all Society members, but this does nor extend to visitors undertaking excursions. Personal Liability Insurance and Personal Accident Insurance remain the responsibility and choice of the participant. The Society does not accept responsibility for loss or damage to individuals or their property.

CUMBERLAND GEOLOGICAL SOCIETY
FIELD EXCURSION REGISTER

Name and email address	**Emergency contact details**	I have read and will comply with the Guidance for Participants **Signature**	**A CGS member? (tick if 'yes')**

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